WHAT IS CLAIMED IS:

- 1. A method of preserving a material subject to oxidative damage comprising adding purified nucleic acid to the material wherein the nucleic acid reduces the rate of oxidative damage of the material.
- 2. The method of Claim 1, wherein the nucleic acid comprises DNA.
- 3. The method of Claim 1, wherein the material subject to oxidative damage is Vitamin C.
- 4. The method of Claim 1, wherein the material subject to oxidative damage is Vitamin E.
- 5. The method of Claim 1, wherein the material subject to oxidative damage is a vitamin.
- 6. The method of Claim 1, wherein the material subject to oxidative damage is a food.
- 7. The method of Claim 1, wherein the material subject to oxidative damage is an antioxidant.
- 8. The method of Claim 1, wherein the material subject to oxidative damage is a lipid.
- 9. The method of Claim 1, wherein the material subject to oxidative damage is a pharmaceutical.
- 10. The method of Claim 1, further comprising adding purified nucleic acid to an aqueous solution of hydrophilic material subject to oxidative damage.

- 11. The method of Claim 1, further comprising adding purified nucleic acid in a solvent with both hydrophilic and hydrophobic regions to a hydrophobic material subject to oxidative damage.
- 12. The method of Claim 1, further comprising adding aggregates of nucleic acid less than 50 μM in diameter to a hydrophobic material subject to oxidative damage.
- 13. The method of Claim 1, further comprising spraying the purified nucleic acid onto the surface of the material subject to oxidative damage.

- 14. A composition comprising:
- a material subject to oxidative damage; and purified nucleic acid,
- wherein the composition comprises an amount of purified nucleic acid sufficient to reduce the rate of oxidative damage to the material.
- 15. The composition method of Claim 14, wherein the nucleic acid comprises DNA.
- 16. The composition of Claim 14, wherein the material subject to oxidative damage is a vitamin.
- 17. The composition of Claim 14, wherein the vitamin is Vitamin C.
- 18. The composition of Claim 14, wherein the vitamin is Vitamin E.
- 19. The composition of Claim 14, wherein the material subject to oxidative damage is a lipid.
- 20. The composition of Claim 19, wherein the lipid is heated above ambient temperature.
- 21. The composition of Claim 14, wherein the material subject to oxidative damage is a food.
- 22. The composition of Claim 14, wherein the material subject to oxidative damage is a pharmaceutical.
- 23. The composition of Claim 22, wherein the pharmaceutical is a synthetic estrogen.
- 24. The composition of Claim 14, wherein the material subject to oxidative damage is an antioxidant.